

## ABSTRACT OF THE DISCLOSURE

A skin rejuvenating heat treatment includes subjecting a hard paraffin wax composition in a microwavable container to microwave energy, thereby melting the wax composition. The melted wax composition is deposited on a human skin surface and subsequently removed from the skin surface. The wax composition includes paraffin wax in an amount of 45% to 85% by weight, water in an amount of 1% to 25% by weight, and surface active componentry including emulsifiers and/or surfactants in an amount of 1% to 54% by weight of the composition.